



THANK YOU Volunteers

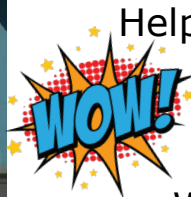


**Vol. 25 No. 3
May- June 2025**

We want to take a moment to express our heartfelt thanks to all the volunteers who help make our mission possible. Your dedication, hard work, and kindness allow us to support those in need and make a real difference in our community. We are incredibly grateful for your selflessness and the positive impact you bring every day.

Thank you for being such an important part of our team!

"Alone we can do so little, together we can do so much." -Helen Keller



Helping Hands Outreach Volunteer Fun Facts

Since our start in 2000

We have had 786 Volunteers

Who have provided 108,940 hours of
Service.

Traveling 97,102 miles giving 15,222
one way trips



Holdingford Cares Day & City Wide Clean Up!

Saturday May 17th



If you need volunteers to rake your lawn, clean your garden/flowerbeds, need windows washed, or other outdoor tasks call the Helping Hands Outreach office! 320-746-9960

Scam Awareness

In March, we had Deputy Adam Wood speak at our monthly Lunch & Learn about scams, how dangerous they can be, and how to handle them when they occur. If you were not able to make the presentation and would like more information, please call our office.

If you are dealing with a scam or what you think could be a scam, hang up the phone or delete the text or email. You can also contact the Stearns County Sheriffs office for more guidance/assistance.

Helping Hands Outreach is looking to fill our part-time Client Support/ Caregiver Consultant position.

We are a 24 year old rural community nonprofit organization based in Holdingford and dedicated to helping create a community where older adults and their family caregivers feel valued and cared for. We are a community-based provider of services that help persons to remain safely and comfortably in their homes.

**WE'RE
HIRING!**

The successful candidate will be committed to supporting both our clients and our caregivers. Must have a strong background in human services, strong interpersonal skills, and proficiency in computer technology, such as MS Office Suite. A four-year degree is required.

If interested please email Denise at denise.leahy@holdingfordhelpinghands.org

Chocolate Chip Cookies

1 C butter softened
1 C sugar
1C brown sugar
2 eggs
2 t vanilla extract
1 t baking soda
2 t hot water
½ t salt
3 C flour
2 C semisweet chocolate Chips



Preheat oven to 350. Beat butter, sugar and brown sugar until smooth. Beat in eggs one at a time, stir in vanilla

Dissolve baking soda in hot water. Add to batter along with salt.

Stir in flour and chocolate chips.

Bake until edges are nicely browned, about 10 minutes.

Cool on baking sheet briefly before removing to a wire rack to cool completely.

Enjoy!



We are currently seeking volunteers to transport 1-2 clients to our meal in Holdingford on Tuesdays and return them home afterward. Volunteers are invited to stay and enjoy the meal with us. Even if you can only do one direction, to or home, that would help us out a lot. For further details, please call the office at 320-746-9960.

Volunteer Opportunities

- Back-up volunteer to deliver Wednesday Meals in St. Stephen.
- Lunch & Learn— Looking for a Cook or Cooks to help plan and prepare our monthly meals in Holdingford. We buy the supplies.
- Always accepting volunteer drivers in Holdingford and St. Stephen.
- Back-up volunteer to pick up bread in Albany on Tuesdays.



Call us at 746-9960 for more information!

Helping Hands Outreach

Register at www.STSE.biz Or call the Helping Hands Outreach office 320-746-9960.



May 13th 10:00am-2:30pm

Pelican Lake Ballroom

Cost: \$25 includes chicken basket lunch



Volunteer & Service Coordinator– Hailey Kociemba

Hi, My name is Hailey Kociemba. I will be managing our volunteers and service requests. I started in March and am thrilled to be able work with and meet everyone. A little bit about me, I am 21, I have been with my best friend for 3 years now and we have a beautiful daughter who will be turning 1 in July. We have lived in Melrose for about 2 years. Although it works for now, we are still searching for our forever home. I hope to be able to help fulfill all of your service needs within my capabilities. Stop in or give me a call at the office.

Meet Our New Office Staff Members!

Program Coordinator– Maddie Kemper

Hi, My name is Maddie! I will be doing program coordination and working on coming up with new programs to bring our community together. I started in January and am excited to work with everyone. A little bit about me, I am 21, I'll be 22 in June. I have been married to my high school sweetheart Ben for almost 2 years now and together for 7 years, we have a beautiful daughter whom we raise in our little home in Melrose. If you have ideas of programs you would like to see at Helping Hands stop in and see me!



We appreciate the financial support that we receive from the following foundations and agencies.



Helping Hands Outreach 531 Main St. PO BOX 293 Holdingford MN 56340

Upcoming Events

Holdingford

Monthly Lunch & Learns

At the Holdingford American Legion

May 22nd

June 26th

Social Starts 11:30

Meal 12:00

Speaker 12:30

Entertainment to follow

Suggested Donation \$6



We are no longer doing the St Stephen Monthly Lunch & Learn due to lack of participants.

We are looking for suggestions for speakers. Let us know who you would like to hear or what subjects you are interested learning more about.

May Speaker-Jennifer Majeski

June Speaker- Stearns County History Museum

Thank you Sheriff Deputy Adam Wood speaking about Scams & Melissa Seward for speaking about Life Alerts.



Exercise Classes



Holdingford City Hall

Tuesday & Thursday 9:30-10:30 am

SAIL- Staying Active and Independent for Life

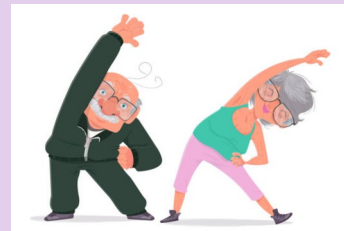
Improve Balance

Increase Energy

Sleep Better

Relive Stress

Come join the fun!



Walking Club in Holdingford.
Outside walking has resumed.
Call the office for more details.

Weekly Meals

Served at Noon

Holdingford- Tuesdays at City Hall
followed by social hour

St. Stephen- Wednesdays followed by 500
April-June at Rusty Nail
July-September at Trobecs

Weekly Meals suggested donation \$6

Feet First Clinic

Holdingford City Hall

1st Tuesday of the month

9:00 am—Noon

Call Helping Hands for an Appointment 320-746-9960



Game Day

Wednesdays 9:30-11:00

Helping Hands Office

No experience required

500

Wednesdays

12:30- 3:30

St. Stephen

If enough people are interested we will be starting Cards (500) after the Holdingford Tuesday meal soon.

Helping Hands Outreach

Wish list:

Bingo Prizes

- Dish Soap
- Pasta
- Pasta Sauce
- Fruit Cups
- Shampoo
- Soap Bars
- Tooth Brush/Toothpaste
- Juice (Cranapple, CranRaspeberry)

For the Office

- Postage Stamps
- Large Canisters of Lemonade
- Coffee- Decaf & Regular
- Printer Paper
- Soft covered books
- Disposable Table Cloths-Any color
(We use 12-15 per luncheon)

Equipment Needs

- 4-Wheeled Walkers with seat
- Bed Rails
- Canes- 4 Prong and single end
- Wheelchairs

Coffee Cake Baking Supplies Needed

- ◆ 30 lbs Sugar
- ◆ 75 lbs Flour
- ◆ 13 lbs Butter
- ◆ 4 dozen Eggs
- ◆ 7 gallons Milk

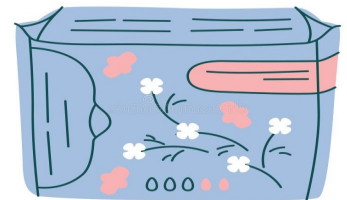
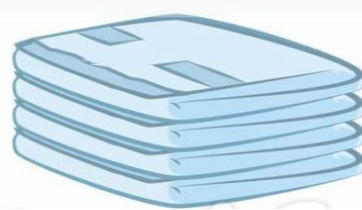


Please call the office if you are willing to donate any of the listed items. Last day to drop off items is Wednesday June 11th.

We will be baking coffee cakes the week of June 16th if you are interested in helping give us a call.

We have an assortment of incontinent products including briefs and pads.

If you or someone you know is in need of these products, please stop in or give us a call at the office.



May-June Spotlights of the Month

Mary Butkowski	Ron Scegura
Marcia Lawrenz	Marian Fischer
Diane Konsor	Thomas Sowada
Myron Vanderweyst	Lois Schmit
Cheryl Bovy	

Whether you're recovering from surgery, managing a condition, or need extra support, Helping Hands Outreach is here to help. We lend medical equipment to seniors and those in need.



Helping Hands Outreach

Helping Hands Outreach Board Members

Peter Omann—Chair
 Joe Christensen— Vice Chair
 Mary Stalberger— Secretary
 Judy Boulton— Treasurer
 Mark Dorn
 Greg Frank
 Joan Frie
 Rod Harren
 Roger Justin
 Bonnie Meier
 Deb Meier
 Dorine Rausch
 Violet Ritzer
 Lenore Dawson

Board Meetings 7:00 pm
 last Wednesday of the
 month

No Board Meeting
 July & December

Annual Meeting
 September

Helping Hands Outreach Staff

Denise Leahy
 Executive Director

 Abby Tensen
 Client/Caregiver Support

 Maddie Kemper
 Program Director

 Hailey Finken
 Volunteer & Service Coordinator

 Cadence Hartung
 Office Assistant

 Linda Schlichting, Susan Otremba,
 Crystal Hartung
 House Cleaners

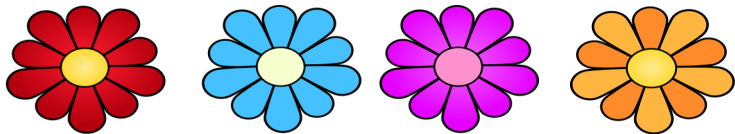
Office will be closed:

Monday, May 26th
 Friday, July 4th
 Monday, July 14th



Helping Hands Outreach
 PO Box 293
 Holdingford, MN 56340

The Post Office requires that all correspondents mailed to Helping Hands Outreach have our correct mailing address. Please use the address above.



Mark your calendars!

Helping Hands Outreach Bake Sale
 Holdingford Daze July 11th & 12th.

We will be accepting baked good donations
 July 9th through 2:00 pm on the 11th.

Ways to support Helping Hands

- ◆Teals Receipts
- ◆In-kind donations
- ◆Volunteer your time
- ◆Cash donations dropped off at the office or mailed to PO Box 293 Holdingford
- ◆Through our website www.holdingfordhelpinghands.org
- ◆Automatic recurring payment through your bank's bill pay service
- ◆Designate Helping Hands from your Thrivent Financial account
- ◆IRA Qualified Charitable Distribution
- ◆Pray for us

Donations

Donald & Rose Ann Pflueger
 Kathy Schueler
 Daniel Hovanas
 Gail Olson
 Greg & Karen Knight
 Holly Torrens
 JoAnne Christensen
 John & Lisa Schmidt
 Lloyd & Dorine Rausch
 Robert Pilarski
 Ron & Irene Schmidt
 Joe & Sue Katzner
 Donald & RoseAnn Pflueger
 Trevor Barthel
 The Farmer boy and his dog Ghengis Khan
 Holdingford Lioness
 Kerry Inc U.S
 Dennis Legatt
 Michael Shea
 Larry & Agnes Gerads
 Richard & Grace Carlson

Patricia Becker
 Bernard & Marge Wunderlich
 Versa Bank
 Margaret Zimmerman
 St.Marys Church
 Deloris Pilarski
 Mike & Jolene Lobitz
 Joseph Katzner
 Laura Sandstrom
 Michael Anderson
 Hasso Briese American Legion
 Gary & Sue Zimmerman
 Kenneth & Helen Bechtold
 Mary Stalberger
 Lucille Ripplinger
 Glen & Kathy Brix
 Frederick Segler
 Clifford Harker



Big Thank You to Justin Spanier for his service in keeping Helping Hands Outreach plowed out all winter.



Memorials

Sue & Gary Zimmerman for Jack Leahy
 Patricia Becker for Millie May
 Greg & Karen Knight for Allan and Donna Warzecha
 St.Stephen Lions for Rick Knettel Family &
 St.Stephen Lions
 Darlene Huls for David Huls
 Joel & Kathy Ebnet for Joe and Adeline Ebnet
 Art & Rene Harlander for Harllander and Bieniek
 deceased relatives
 Ken Knapp for Donna Knapp
 Ron & Shirley Konsor for Elaine Scherping
 Mike shea for Doc & Betty Zienke
 Gail Olson for Denise Dewar

**Thank You Tammy & Tom Kilmar—
 For hosting the Rice Legion Meat
 Raffle with proceeds given to Helping
 Hands Outreach**

**Our Apologies if we fail to print
 your name in our Donor/
 Contributors/Supporters list.
 Please give us a call so that we
 can correct it in our next
 newsletter.**

In-Kind

Barb Omann
 Craig Dewar
 Donald Elfering
 Harvey Kolodjeski
 Kathy Bruns
 Rosie Weyer

Albany Bakery
 Amy Notsch
 Jean Dingmann
 Leon Schmitz
 Michael Trettel



PO Box 293
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Drop off your Teals

We continue to accept and benefit from your
Teals Market receipts.

In total we have received \$7935.06.

Amazing! Thank you to Teals Market

Thank you Linda Harren for the
time spent processing the receipts.

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